1. Think of any 2-digit number bigger than 10. (Like 76.) This is your secret number.

2. Add up the digits. If you get a single digit number, move on to step 3. If not, add up the digits of that number until you get a single digit number. (7 + 6 = 13. That’s not a single digit number, so we do it again. 1 + 3 = 4.)

3. Subtract this single digit from your original secret number.

4. Add up the digits of this result, just like you did in step 2.

5. Subtract 2 from this number.

6. Is your answer 7?
Activities from July 8

1. Think of any number.

2. Double it.

3. Add 10 to it.

4. Take half of that number.

5. Subtract your original number.

6. Add 8.

7. Reverse the order of the digits.

8. Add 3.

9. Is your answer 34?
Activities from July 8

Dice Activities

2 - Do a Somersault
3 - Spin Around 3 Times
4 - Do 4 Push Ups
5 - Do 5 Sit Ups
6 - Hop on One Foot 6 Times
7 - Do a Plank
8 - Crab Walk
9 - Do a Downward Dog Pose
10 - Do 10 Jumping Jacks
11 - Touch Your Toes
12 - Walk Backwards